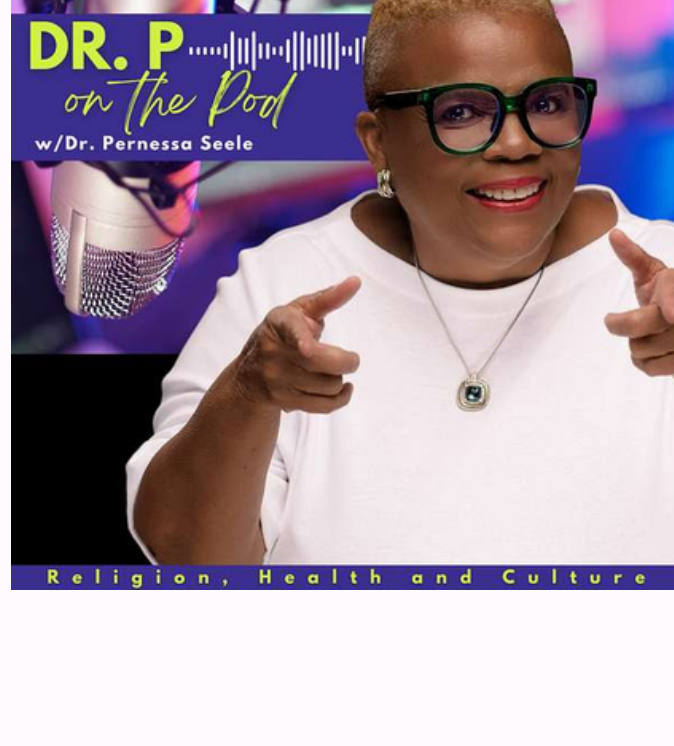




## TUNE-IN: Religion, Health and Culture



Making important legal and medical decisions before you need them is crucial—but getting started can feel overwhelming. That’s why Compassion & Choices Director of Priority Populations, Zeena Regis, sat down with Dr. Pernessa Seele for a powerful conversation you won’t want to miss. In just 30 minutes, they’ll break down the Advance Care Planning process, making it simple, straightforward, and empowering—so that you can confidently take charge of your healthcare future.

[EXPLORE PODCAST](#)

## NEW RESOURCES: Tools for Latino Communities



We have more bilingual resources than ever to support end-of-life healthcare planning! Our Latino Engagement team trained community health workers from Alliance Community Services in Salt Lake City to lead outreach, culminating in two events at the Mexican Consulate that reached over 130 people. These English and [Spanish-language resources](#) cover advance directives, living wills, and healthcare proxies, empowering families to make informed decisions. Please share them with your loved ones and community today!

[VIEW RESOURCES](#)

## LIVE WEBINARS: Exciting Learning Opportunities

### American Society on Aging: How to Advocate

[Thursday, April 10, 2025, at 10:00 AM PT](#) End-of-life care touches us all, both personally and professionally. If you’re in medicine, community health, finance, or a related field, you’re already in a position to advocate. But where do you start? Join Compassion & Choices experts Bernadette Nunley, JD; Elizabeth Armijo; and Ashley Fry, DNP, for a practical overview of advocacy and the many ways you can make a difference in end-of-life care. This course is eligible for one free Continuing Education (CE) credit.

[SIGN UP](#)

### Proxy Part 1: Picking and Preparing Your Healthcare Proxy

[Monday, February 24, 2025, at 4:00 PM ET](#) Join LGBTQ+ Engagement Director Osha Towers and Clinical Education Manager Meagan Williams for an essential deep dive into healthcare surrogacy. Not sure if you have the right healthcare proxy? Want to ensure your choices reflect your wishes? This webinar will give you the clarity and confidence you need.

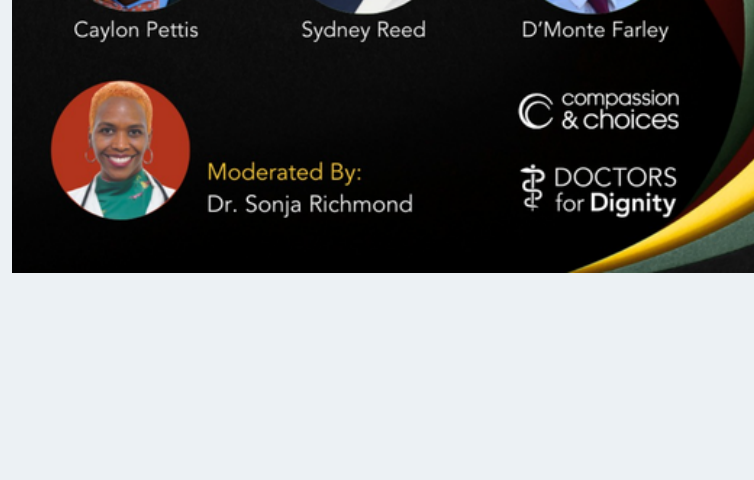
[SIGN UP](#)

### A New Congress & Administration: An Uncertain Future for Federal End-of-Life Care Policy

Our most popular webinar of the year is now on demand! With a new Congress and administration in place, unprecedented changes are on the horizon for Medicare, Medicaid, HHS, and federal healthcare policy. Watch now to stay ahead of what’s coming.

[WATCH NOW](#)

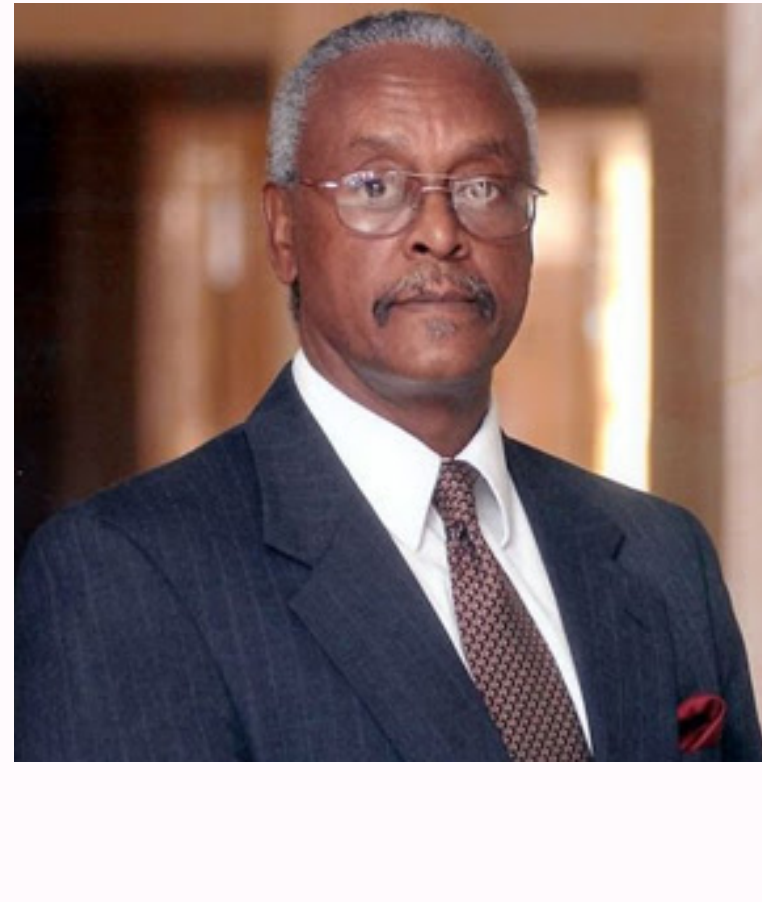
## HEALTHCARE DECISIONS: End-Of-Life Care



Despite challenges in healthcare, there are also incredible opportunities, reflected in the optimism of the future medical professionals we work with every day. [In this webinar](#), our End-of-Life Disparities interns share how they plan to break down systemic barriers and empower patients to make values-based healthcare decisions. Whether you’re a healthcare professional, community advocate, or just curious about the future of medicine, don’t miss these powerful insights.

[VIEW WEBINAR](#)

## CELEBRATION OF LIFE: Dr. Harold Bailey



Last month, we lost a civil rights champion with the passing of Dr. Harold Bailey at 78. As president of the NAACP Albuquerque branch, he fought to break down systemic barriers, including in healthcare. His support for the Elizabeth Whitefield End of Life Option Act helped pave the way for its passage in 2021. We will miss his leadership and compassion, and we honor his legacy by continuing the fight for expanded end-of-life care options.

[LEARN MORE](#)

## MARYLAND EVENT: Expose Dementia Conference



Join Compassion & Choices for the "End of Life Preparations" session at The [Expose Dementia Conference](#), March 28-30th in Maryland. This first-time event is coordinated by C. Nathaniel Brown, recipient of a 2024 Dementia Arts Impact Award and author of Exposing Dementia: 8 Critical Takeaways for African Americans. The weekend event will be a mix of art and education, open to healthcare providers, caregivers and those passionate about dementia care. If you would like to attend this in-person conference, use the exclusive code "CandC" for [\\$25 off of your registration](#) - we hope to see you there!

[REGISTER HERE](#)

## NEW YEAR IN NEW YORK: Volunteer Strategy Forum



Introduced in 2025, New York’s Medical Aid in Dying Act ([A136/S138](#)) is one of the most critical measures before the New York State Legislature. [New Yorkers overwhelmingly support medical aid in dying by a 72-23% margin](#), but the Empire State needs additional community support to pass this critical bill without delay. To prepare for this legislative session, please consider joining us for a [virtual volunteer strategizing forum](#). We’ll empower community members by opening the floor to advocates statewide to share strategies and ideas and coordinate efforts.

[JOIN FORUM](#)

## About the Charting Your Life’s Journey Newsletter

*Charting Your Life’s Journey* is your trusted empowerment and engagement resource for the path ahead. We know it’s not just a journey; it’s your life’s legacy, and we are here with you every step of the way.

If you appreciate this newsletter, [please consider making a donation today](#) using the links below. We could not continue to offer you high quality resources without your support. We are grateful for your passion, energy and dedication. It is an honor to be a part of your life’s journey.

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